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The voluntary interruption of pregnancy
Good practices for maternal and child health
The voluntary interruption of pregnancy (IVG - VIG), sanctioned by Law 194/1978, provides for the voluntary interruption of a pregnancy within 90 days from the first day of the last menstrual period. The law states that this surgery can be performed by both adult women and underage girls, Italian, foreign regular or not. The VIG can also be done through a medical abortion pill, to be taken by the seventh week of pregnancy.

**The woman of age**

The woman of age, within the first 90 days, can make the request personally at the clinic (CUP - center of reservations - 0577 767 676 - http://www.usl7.toscana.it/index.php/services/counseling) or can contact a health facility. The interruption of pregnancy can be performed after 90 days, only in special cases and documented by the gynecologist. Such pathological state is established and documented by the physician of the service of obstetrics and gynecology.

**The woman underage**

In case of younger women it is required the consent of the person exercising parental responsibility, following the same procedure provided for adult women. If the consent is not granted by both or by a parent, or you are unable to engage them, you can apply to the court to protect, through the activation of social workers (social worker, psychologist and doctor) at healthcare companies, the hospitals and counseling adolescents.

**The interdict woman**

In case of an interdicted person, the demand for abortions may also be submitted by the tutor or husband (not tutor) provided that he is not legally separated. The operators will take charge of the woman and will follow her in the next steps.

**The foreign woman**

The law establishes that the VIG can be undergone by both Italian and foreign women, with or without a residence permit. For foreign women without a valid residence permit are insured outpatient care and hospital urgent or essential, which include also the VIG. The provision of these services is subject to the issuance of the identification code STP (Temporarily Present Foreigner) by the local health authority, required to access to health services throughout the national territory. To obtain it, it is not necessary to show a valid identity card, but it is sufficient to indicate their personal details; even, in the case of explicit request, can be issued without the applicant’s name and surname.

For women under age foreign irregular undocumented general information provided must be accepted unless your doctor has no reason to assume the younger age (18 years).

In any case, you must contact the Office immigration authorities.

Thanks to the project of the Tuscany Region - Best Practices for Maternal and Child Health (DGRT 1227/2011), this route has become a “best practice” for the protection of motherhood and the child. The University Hospital of Siena, the USL 7 (Local Health Unit 7) and the City of Siena cooperate to ensure more information, to protect and support the woman whatever her choice.